

FOOT & ANKLE Anatomy & Pathology



FOOT & ANKLE - MOVEMENTS

Supination



Calcaneus inverted

Pronation



Calcaneus everted

Inversion



Eversion



Plantarflexion



Dorsiflexion



FOOT & ANKLE PATHOLOGIES/INJURIES



DROP FOOT

Inability to lift the foot and toes when walking. It can result from neurological conditions such as stroke, multiple sclerosis or spinal cord injury.



FRACTURE

Fractures are common in the foot and ankle. In the ankle they occur at either the tibia or fibula. In the foot they are mostly seen in the metatarsals.



LIGAMENT SPRAIN

Ankle injury involving stretching or tearing of ligaments in the ankle. An inversion injury is the most common type.



DIABETIC ULCER

Wound or sore caused by loss of the ability to feel pain in the foot and decreased ability to heal for a person with diabetes of a diabetic person.



Rebound[®] Diabetic Walker



Rebound[®] Air Walker



DH Offloading Walker[®]



FormFit Walker



Rebound[®] Foot-Up



Foot-Up[®]



FormFit Ankle

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