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## An Effective OA Brace You Can Rely On



Some of the typical symptoms of knee osteoarthritis includes knee pain, joint pain, stiffness and swelling, as well as weakness in the ligaments and muscles around your knee. These can contribute to a reduction in your mobility. If any of these points apply to you, especially if you may have injured your knee previously, talk to your doctor about knee OA. The new [Unloader One X](#) knee brace may help alleviate these symptoms by reducing the load on the painful or affected side of the joint.

[Learn More](#)

## Don't Miss Out on our Next Webinar

### The Ticking Timebomb of Paediatric Knee Injuries in Sport



Dr Sheanna Maine follows on from Dr Alex Nicholls presentation on Paediatric ACL injuries with an overview of the development of Australia's first Paediatric ACL registry at the Queensland Children's Hospital. The registry has been set up to firstly identify children who have an ACL injury and looks at their outcomes following ACL reconstruction. We look primarily at the demographic data gathered to date including age, gender and sporting activity for the first 150 patients recruited. A key aim will be to raise awareness of the importance of injury prevention programs in this small but critically important age group.

**Date:** Wednesday, 14 April 2021

**Time:** 7:00pm - 8:00pm AEST

[Register Today](#)

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## Meet Our New Staff

### Bernadette Coleman

#### Customer Service Team Leader



With a background in hospitality and retail industries, Bernadette joins the Össur Customer Care team with extensive experience in customer service management. Bernadette has a love and passion for helping people and is excited to be part of the company. Bernadette aims to deliver the best service for all internal and external customers and enhance quality of life for people living with OA and injuries.

Read More

## Local Carbon Initiative

Here at Össur Australia, we've reduced our carbon footprint on office printing. By reducing our paper usage and energy consumption, we aim to improve the impact we have on the environment. Our purchase orders, credit notes and invoices have all gone digital!

## Joke of the Month



Seen on FoDrizzle.com

## Key Contacts

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