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Formfit® Air
Ankle Stirrup



Formfit® Gel
Ankle Stirrup



Formfit® Foam
Ankle Stirrup

Introducing the **NEW** FORMFIT® ANKLE STIRRUPS

The Newest Addition to the Össur Ankle Brace Range

The Formfit Ankle Stirrups are lightweight and sturdy, the newest addition to the Össur ankle brace range. Whether worn to accommodate an acute injury, chronic instability or post cast healing, the Formfit Ankle Stirrups stabilises injured ankles by restricting the inversion/eversion motion.



The universal design has been carefully engineered to accommodate the malleoli on both sides and ensures a great, comfortable fit. The slip resistant heel strap can be adjusted to accommodate most ankles.

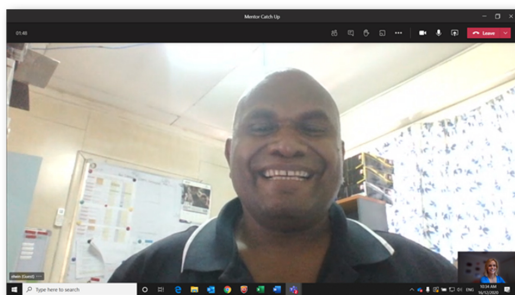
Our signature Flex-Edge™ overmould surrounds the stirrup's outer shell, protecting the patient's skin from any hard edges, further adding to a comfortable fit. The universal stirrup design is available with three different liner options: inflatable air, gel or foam, offering each patient a solution that best fits their needs.



Supporting Motivation Australia

At the end of 2020, Össur proudly renewed our charity partnership with [Motivation Australia](#) for a further three years. As a company, we look to continue our work together by not only supporting Pacific P&O services with product, but also engaging staff in programmes that create opportunities and add value for clinicians in other countries.

Our National Sales Manager for Bracing & Supports, Hannah Buultjens, took part in Motivation Australia's first Pacific Wayfarers Mentoring Programme which ran for 8 months to mentor business leaders in Fiji and the Solomon Islands.



Hannah's Experience of the Programme



"It was only on the last day of applications that I learned of the programme. I didn't hesitate to sign up for the opportunity. The programme filters potential mentors into two categories; those who are clinicians who can support other clinicians, and those who are business leaders who can offer help from a business management perspective. From here, the mentees are provided with the profiles of all the mentor's and they choose who they

would like to work with based on relevant skill sets the mentee may like to improve on, or simply an alignment on mentor/mentee values.

Initially I applied as I felt there was a part of me that wanted to give back, and pass on some of the skills I have learnt over my 10 years of employment with Össur. The process turned out to be so much more than this, and in turn it was me that was doing so much learning."

[Read More](#)

The 2021/22 Programme will soon be open to applications. If you are interested in the program, get in touch with Motivation Australia for more information. The Pacific Wayfinders mentoring programme is supported by Australian Government Department of Foreign Affairs and Trade's ANCP programme and the Rotary Club of Torquay, Victoria, Australia.

[About The Programme](#)

Sam Logan signs as Össur's latest CTi Ambassador



Össur is pleased to sign Sam Logan as part of our CTi Ambassador Program. Raised in Phillip Island and relocating to Warrnambool in Southwest Victoria in 2010, Sam is a self-employed builder/property developer with a 'work-to-surf' ratio of 70% Surf and 30% Work!

In 2014, Sam was riding a dirt bike when he came off mid-air and landed on his right leg. The result was a ruptured ACL and torn meniscus. Sam underwent keyhole surgery to repair the meniscus and clean out the fluid in preparation for ACL reconstruction. After being off work and sport for 6 months, he was finally able to get back in the surf. His time for surgery had come up and due to financial reasons, couldn't take any more time off his business for the surgery and recovery.



In 2019, he had another bad fall whilst surfing. The meniscus tore once again and weakened his knee joint to the point he couldn't surf without a knee brace. The brace he had been wearing had provided some support, but potentially not enough to withstand some bad falls on some of the big waves he encounters. Sam now wears [CTi Custom knee braces](#) designed specifically for him to help provide maximum protection from further injury. We're excited to have Sam as part of the CTi Team and be a part of his surfing journey. You can follow Sam at [@mindfulocean](#)

CTi® Knee Brace Fitting Tips

with Clinical Orthotist, Dave Boal



Key Features – ML contact and lower tibial contact.



For a knee brace to protect a user, it's important to optimise the areas of support it provides; comfort and connection with the leg are key elements to ensuring this. The CTi provides a rigid, functional support, but is only as good as its contact with the leg. A brace that is either too firm across bony points or is separated from the leg via poor fit or gapping, will not provide the support required.

When fitting the CTi, key points to focus on are the M/L (fit across the knee) and the connection with the anterior tibia. The design of the CTi (both Custom and OTS versions) allow for fine adjustments to be applied to both of these areas to ensure a positive fit for your patient.

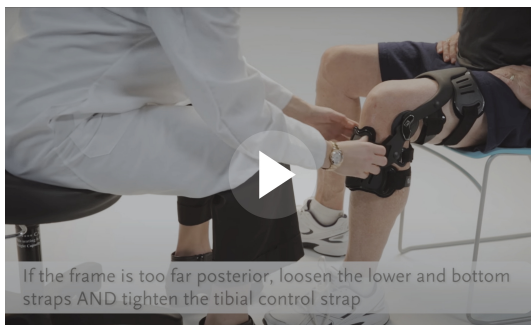
The M/L can be adjusted using the varying thickness condyle pads as well as the bolster pad. Commonly, issues in this area present with too much pressure medially and not enough contact laterally, due to the anatomy of the knee. Adjusting the pads to accommodate this will ensure your patient is comfortable and supported. A thinner pad medially, and a thicker

pad laterally (or use of the bolster) will help manage this variance.

Tibial contact can be modified through application of the adjustment pads provided with the CTi. Strategic placement of these on either side of the tibial crest, or over areas of potential contact (prominent fib head, Tibial Tuberosity) will ensure your patient has the best support with a comfortable fit.

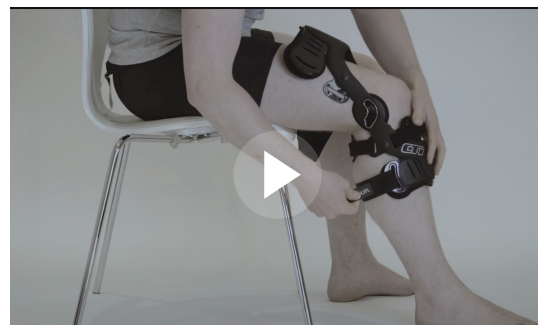
Strap tension is another discussion point for fitting the CTi. Tension should be as firm as your patient can comfortably tolerate. The Proximal tibial strap is the most important to focus on, as it provides suspension as well as locks the brace on to the knee and should always be the first strap tightened. As with all bracing, it is important to spend some time in a low impact environment before pushing the brace to its limits. Wearing the CTi for short periods initially, and then gradually increasing this timeframe, will ensure any issues can be highlighted and adjusted prior to undertaking extended use.

For more guidance on fitting CTi Knee Braces, please see below fitting video instructions.



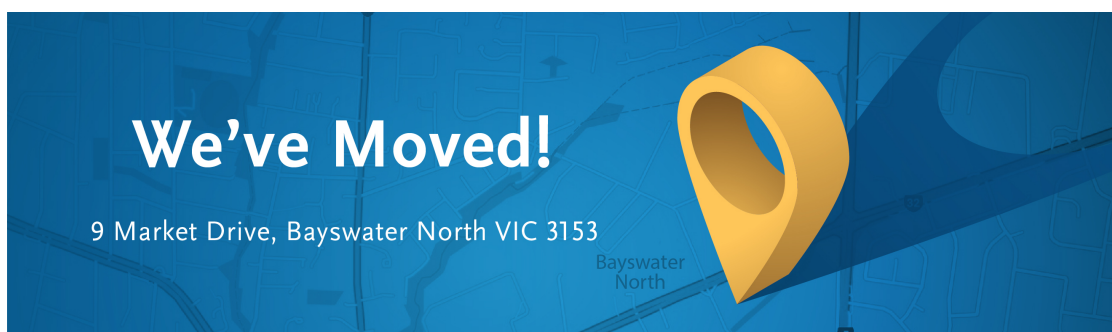
CTi OTS - Clinician Fitting Video

[Watch Now](#)

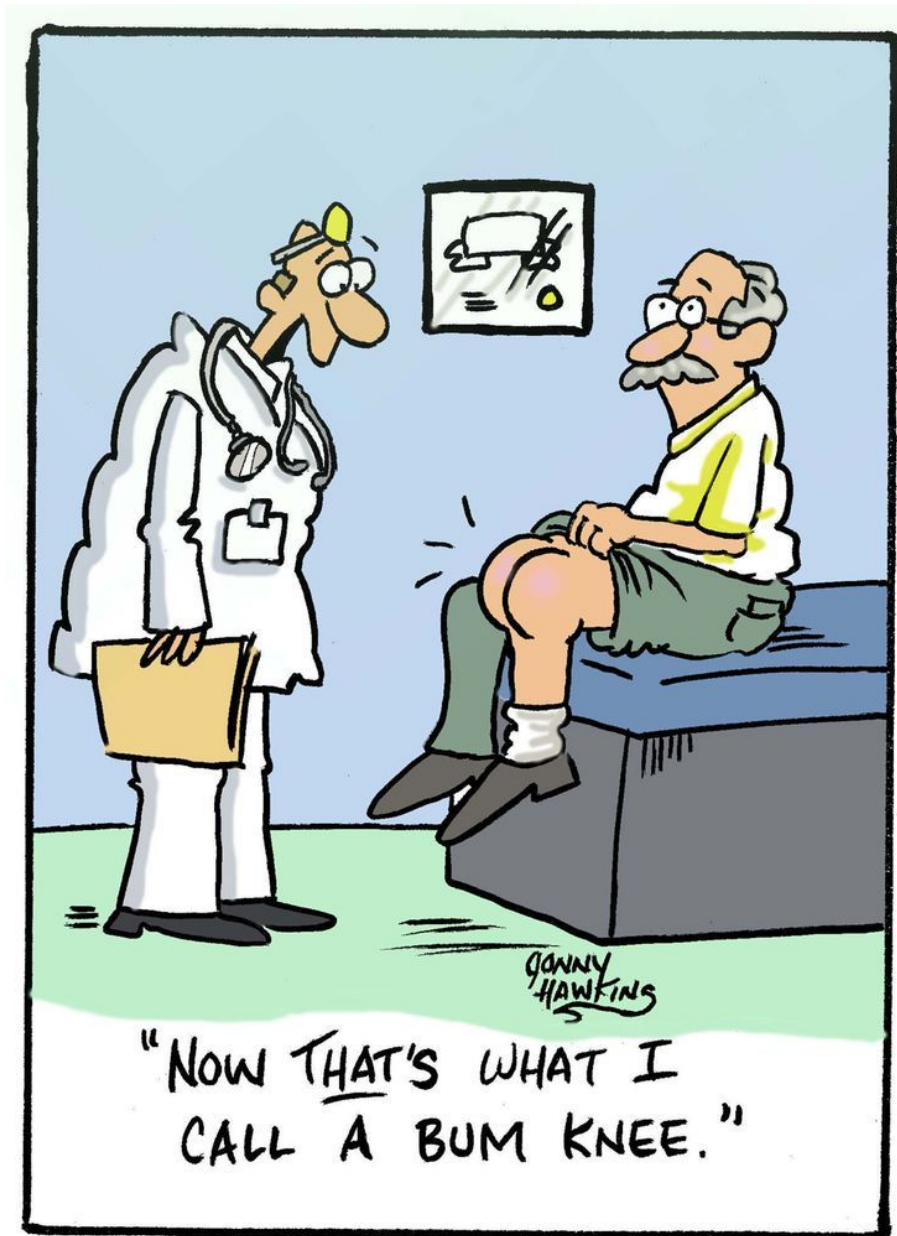


CTi OTS - Patient Fitting Video

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Joke of the Month



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