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## Dr Dirk Van Bavel's Patient Unloader One X Story



Dr Dirk Van Bavel's patient is a 44-year-old single mother of four, who recently shared her experience using the **Unloader One® X**. After experiencing severe pain in the knee, an assessment was done by Dr Dirk Van Bavel, and it was revealed that the patient had a missing Cartilage on the inner part of her knee and is currently waiting for realignment surgery.

The pain caused by her knee prevented the patient from walking long distances, kneeling, and bending



comfortably and even affected her ability to sleep. It also impacted her day-to-day activities: *"As a single mother of four boys, there's always a lot of activity to accompany them with, and a lot of getting down on the floor with them. Many shopping trips and running around after them. I was a house cleaner for work but had to cut back on jobs and eventually stop altogether."*

Dr Dirk Van Bavel recommended the [Unloader One® X](#) to help support the patient while she waits for realignment surgery. Since wearing the brace, the patient reports walking straight without limping, allowing her to exercise comfortably. *"Although I still have to be careful, I can go about my daily life with kids, school runs, and shopping easily!"*

The patient has been especially pleased with the adjustable straps. *"I love that it is moulded with the adjustable straps because it stops it from rolling down or overstretching. It's extremely comfortable also, and I often forget I have it on!"*.

We are pleased to hear that the patient can move comfortably whilst waiting for surgery. Thank you to Dr Dirk Van Bavel and the Melbourne Hip and Knee team for supporting the patient on her journey to recovery using the [Unloader One® X](#). If you would like to learn more about the [Unloader One® X](#), click the button below.

[Learn More](#)

## ÖSSUR WEBINAR SERIES

### Gluteal Tendinopathy: Diagnosis and Treatment

#### Webinar Presenter: Mr James Stoney



In this webinar, Mr James Stoney will provide an in-depth educational experience on Greater Trochanteric Pain Syndrome.

Topics include:

- 1) Clinical Presentation
- 2) Anatomy / Pathology
- 3) Non-surgical management
- 4) Surgical management

**Date:** Wednesday 17 August, 2022

**Time:** 7:00pm - 8:00pm AEST

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## Unloader One® X Size Consolidation



In response to the sheer number of Unloader One® X brace configurations currently offered with limited storage space, we are reducing the inventory burden for our customers. Rest assured, the brace function remains unchanged, however, the size range has been reduced from five to two.

This is achievable due to the simple design of the Unloader One® X calf and thigh shells and the universal straps that can be cut to length, making it easy to achieve an ideal fit. As before, the Unloader One® X still comes in compartment and side specific frames to ensure the industry standard unloading function for both medial and lateral end-users alike.

We have now begun consolidating the SKU count for all our Unloader One® X's from 5 sizes to 2 sizes. Our XS, SM, and MD sizes will be consolidated into our 1 MD size and our L and XL will be consolidated into our new XL size. Newly configured braces will be dispatched with orders once current stock is gone.

The biggest difference you will see at the patient level is the length of straps. In order to get a better fit, we have always asked practitioners to trim the strap length to each patient's required length. This will be no different now as the straps will be longer to accommodate all sizes in their given range and trimmed down by the practitioner. The new size and measurement chart will be: (Circumference at 6" / 15cm below mid patella). If you have any questions regarding these changes, contact us using the button below.

Model	Description	Measurements
UOX1518713	UNLOADER ONE X SHORT RM XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX1518715	UNLOADER ONE X SHORT RM LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX1528713	UNLOADER ONE X SHORT RL XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX1528715	UNLOADER ONE X SHORT RL LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX1618713	UNLOADER ONE X SHORT LM XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX1618715	UNLOADER ONE X SHORT LM LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX1628713	UNLOADER ONE X SHORT LL XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX1628715	UNLOADER ONE X SHORT LL LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)

Model	Description	Measurements
UOX0518713	UNLOADER ONE X RM XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX0518715	UNLOADER ONE X RM LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX0528713	UNLOADER ONE X RL XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX0528715	UNLOADER ONE X RL LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX0618713	UNLOADER ONE X LM XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX0618715	UNLOADER ONE X LM LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)
UOX0628713	UNLOADER ONE X LL XS-MD	(25 – 43 cm) / (9 1/4 - 16 1/4 in)
UOX0628715	UNLOADER ONE X LL LG-XL	(43 – 62 cm) / (16 1/4 - 24 3/8 in)

Contact Us

## Meet Össur's CTi Ambassador - Natalya Diehm



When I first injured my knee, I was in the market for a knee brace, I tried many - all different brands and found that the CTi was the best option for me. The quality is amazing and holds up with the impact from sports, and particularly freestyle BMX. I have had my brace for five-six years and all I need to replace is the pads on the inside.

I love that the brace makes me feel safe knowing that I can ride my bike or do any sort of physical activity and feel secure that my knee will not give out on me. After six knee surgeries, the CTi Knee Brace gives me the confidence to be active and continue to do the sport that I love.

The CTi Knee Brace is what has allowed me to have a sporting career. I lost a lot of confidence with my knee and decided the risk was not worth the reward anymore, until I tried the CTi Knee Brace. Once I knew something was there to protect me, I pushed even harder to live my dreams

of riding BMX for a living and travelling the world.

[Learn More Here](#)

## #MyUnloader Story Competition Ends Soon



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