



## A Solution for Tricompartmental Osteoarthritis of the Knee

Osteoarthritis of the knee can lead to degenerative changes in the joint. Because it affects the whole knee, tricompartmental osteoarthritis may be more severe than other forms of osteoarthritis.

By combining the Formfit® Tracker and the Unloader One® knee brace, the symptoms of tricompartmental osteoarthritis may be managed more effectively.

[Watch the Video Tutorial](#)

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### From Injury to Running: My Unloader One® Brace Story



After fracturing my tibia and fibula at 16 and undergoing two chondroplasty surgeries for full-thickness cartilage defects, I was advised to use a knee brace to unload the lateral compartment. Despite recommendations to avoid running, I decided to try the Unloader One® brace, inspired by positive testimonials from marathon runners.

The brace provided immediate relief, and I now wear it all day, removing it only at night. It has allowed me to return to running and compete in middle-distance events while also preventing further knee valgus. My surgeon suggested delaying a knee replacement until age 55; now at 56, I'm thrilled with my knee's condition and hopeful to avoid further surgery. I strongly recommend the Unloader One® brace to anyone with isolated medial or lateral knee issues.

*- Xander, Physiotherapist*

[Explore Unloader Stories](#)

## Conference Season is Here!

### Let's Make the Most of It!

## NZOPA 2024



Össur was proud to be a Gold Sponsor at the 2024 NZOPA Conference in Wellington, New Zealand, held from 6 - 8 September. The event was a great success, and we were thrilled to conduct two workshops over the weekend. Thank you to everyone who attended our sessions on Microprocessor Controlled Orthotic Ankle Componentry and Össur's New Waterproof MPK Solutions. We were also excited to have several team members present: Wolfgang Uken and Sarah Mulroy from Prosthetics, and Hannah Buultjens, Anton Kemp, and Tim Amor from Bracing & Supports. We look forward to seeing some of you at AOPA!

## AOPA 2024



Össur is excited to return to AOPA Congress with two engaging workshops. Our Prosthetics workshop will introduce Össur's new waterproof microprocessor knee along with other waterproof solutions designed for users wanting to access the ocean, pool or river to live a Life Without Limitations. In our Bracing & Supports workshop, Mr. Fior and Mr. Gentz of FIOR & GENTZ will present "The World Isn't Flat: Microprocessor Controlled Orthotic Ankle Componentry," highlighting the NEURO SWING ankle componentry and the revolutionary NEURO HiSWING R+.

For details on our presence at AOPA, including the Össur Café, After Party, and Booth, visit our website.

[Register for AOPA](#)



## FIOR & GENTZ KAFO Knee Joint with Sound and Extension Dampening



For patients experiencing noise and jarring from their KAFO extension stops during terminal swing, the NEURO VARIO-SWING knee joint offers a solution.

This monocentric posterior offset joint features a dynamic, adjustable extension stop with an integrated damper to minimise noise and impact. Its range of motion can be adjusted from 0° to 20°, with resistance modifiable via interchangeable spring units, allowing for smoother, quieter walking.

Additionally, it can be set up to allow slight hyperextension if desired for efficient standing and can be paired with NEURO HiTRONIC or NEURO TRONIC stance control joints for reduced noise during rapid walking.

[Learn More](#)



# Orthotic Management of Acute Spinal Fractures

Register Now for our October Webinar!

**Webinar Presenter:** Stephanie Barnard (CPO)



This webinar will cover a comprehensive range of topics, including fracture levels and types, the naming of spinal orthoses, and specific regions such as cervical, cervical-thoracic, thoracolumbosacral, lumbosacral, and sacroiliac. It will also explore custom spinal orthoses and referral pathways within Western Australia. Additionally, the webinar will delve into the development of a virtual model of care for acute spinal fractures, particularly focusing on remote and rural areas of WA.

**Date:** Monday 28 October 2024

**Time:** 8:00pm - 9:00pm AEDT

[Register Now](#)

## Customer Care

Contact the Customer Care team today!

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