



Fitting Tips and Tricks:

MP45 Spinal Hyperextension Brace

The MP45 Spinal Hyperextension Brace by Össur is an advanced solution designed to provide exceptional support and stability for individuals with specific spinal conditions. Engineered for effectiveness and comfort, this brace features a unique hyperextension design that helps manage spinal alignment and restricts flexion, making it ideal for recovery after surgery or for conditions requiring extra support. Its adjustable components allow for a customised fit, ensuring maximum comfort while accommodating a range of body types.

Constructed from lightweight, breathable materials, the MP45 is designed for all-day wear without sacrificing mobility. The brace promotes proper posture and spinal alignment, helping to alleviate discomfort during daily activities. With its robust support system and user-friendly adjustments, the MP45 empowers individuals to engage in rehabilitation with confidence. Össur's dedication to innovation and quality is evident in the MP45 Spinal Hyperextension Brace, making it an excellent choice for anyone seeking reliable spinal support and enhanced quality of life.

Achieving the best fit with the MP45 Spinal Hyperextension Brace is essential for optimal support and comfort. Here are some helpful tips to ensure a secure and effective fit:

- **Measure Correctly:** Before fitting the brace, take accurate measurements of your patient's waist and torso length. This will help you select the right size.

- **Adjust the Straps:** The MP45 features adjustable straps for a personalised fit. Start by loosening all straps, then put the brace on and gradually tighten them until the patient feels secure, but not restricted.
- **Position the Brace:** Place the brace around your patient's waist and ensure that the posterior support panel is aligned with their lower back. The brace should sit comfortably without sliding up or down during movement.
- **Check for Comfort:** After fitting, move around gently to assess comfort. The brace should provide support without pinching or causing irritation. Make any necessary adjustments to the straps for a better fit.
- **Wear Appropriate Clothing:** Consider wearing the brace over a thin, breathable layer to reduce friction against the skin. This can enhance comfort, especially during extended wear.

By following these tips, you can maximise the benefits of the MP45 Spinal Hyperextension Brace, ensuring it supports your recovery and overall spinal health effectively.

[Learn More](#)



Announcing Phase II of

Our Responsible for Tomorrow Packaging

We are excited to announce the implementation of Phase II of our Responsible for Tomorrow packaging initiative, reinforcing our commitment to sustainability.

Key Updates:

FSC® Certified Materials: Our boxes will now use materials that better protect our forests.

Eco-Friendly Ink: We are transitioning to less harmful, non-toxic ink.

Recycling Instructions: Clear recycling instructions for the box and plastic bag will be printed on the packaging. *Note: While we aimed to eliminate plastic altogether, some products require a plastic bag and desiccant to prevent mould contamination.*

This initiative results in a total reduction of approximately 28.5 tons in cardboard weight shipped, leading to an annual CO2e emission reduction of 20 tons. Thank you for supporting our sustainability efforts!

[Learn More About
Our Sustainability Commitment](#)

From Challenge to Success: FIOR & GENTZ Case Studies

Highlighting Clinical Impact

Register now for our last webinar of 2024 in November!

Webinar Presenter: Tim Amor (CPO)



This webinar will provide a brief introduction to the NEURO SWING componentry from FIOR & GENTZ, along with a collection of rapid-fire case studies from leading clinics across Australia that have successfully implemented this technology, including clinical tips and tricks as well as patient outcomes.

Date: Thursday 28 November 2024

Time: 6:30pm - 7:30pm AEDT

[Register Now](#)



AOPA Congress 2024

Thanks for visiting the Össur Booth

The annual AOPA Congress took place from October 24-26 at the National Convention Centre in Canberra, featuring AOPA's largest exhibition hall. The Össur team was honoured to present workshops on Össur Prosthetic Waterproof Solutions and the FIOR & GENTZ NEURO SWING ankle componentry. Thank you to everyone who attended!

We were excited to debut products from FIOR & GENTZ and College Park Industries at our booth. For questions about our products, live demos, or workshops, feel free to reach out.

See you next year!



Exciting Opportunity at Össur

Join Our Bracing & Supports Team in New Zealand

Össur ANZ is looking for a motivated Area Sales Manager to join our Bracing & Support team in Christchurch, New Zealand. This role involves promoting our innovative product range, including the FIOR & GENTZ neuro orthotics, while driving sales and providing clinical education and customer support across New Zealand. If you have a background in health, strong sales skills, and a passion for patient care, we'd love to hear from you!

[Join Our Team: Apply Here](#)

Price Changes Effective January 1, 2025

From 1 January 2025, Össur ANZ will implement a price increase across our range of non-contracted products. If you have any questions about this price change or would like a copy of our price list, please feel free to reach out to your local Össur representative or contact Customer Care.

[View Notification](#)

Help Us Improve: How likely are you to recommend us?

We'll soon be sending a brief Net Promoter Score (NPS) survey via email. This initiative is designed to help us identify areas for improvement in our customer experience and strengthen our relationship

with you. We greatly appreciate your input, so if you have time today, please complete the short survey below.

How likely are you to recommend us to a friend or colleague?

0	1	2	3	4	5	6	7	8	9	10
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Customer Care

Contact the Customer Care team today!

Email

Meet the team



Össur ANZ

Sydney: 26 Ross St, North Parramatta, NSW 2151 | 1300 123 268

Melbourne: 9 Market Dr, Bayswater North, VIC 3153 | 1300 123 268

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